

## Operation: Laguna Coast Wilderness Park

The county dedicated Laguna Coast Wilderness Park in 1993. It can be described as an "Island of Wilderness" due to the large amount of natural and undeveloped land within the park grounds. One of the main attractions of this park is the Little Sycamore Canyon Trail. Take a hike to the top of this trail, and you will be able to clearly see the difference between natural and developed land.

Laguna Coast Wilderness was saved from development by the local community and their donations. Can you name the two individuals responsible for the Nature Center?

Hint: The Nature Center is named after these two people.



Clue: From the Nix Nature Center find where Little Sycamore Trail meets Mary's Trail. You will find the key on post #48, so look around!

Laguna Coast Wilderness Park is a great place to go hiking. Locate the Nix Nature Center and find Little Sycamore Trail. Follow the trail. As you walk along the one mile trail notice the different types of plants along the way.

Another trail which is great for younger children to hike is Mary's Trail. This trail is a  $\frac{1}{4}$  mile and has displays of interesting park facts along the way. Be sure to bring water along for your journey!

Water is necessary for your body to perform many functions. For instance, your blood contains a lot of water and carries oxygen to all the cells of your body. Be sure to drink some extra water when you're out in warm weather, especially while playing sports or exercising.



Many animals call this place home. See if you can find any animal tracks along the trails. Sketch a track below and before you leave visit the Nix Nature Center to see if you can identify the animal that left the track.