

Operation: Yorba Regional Park

The land that comprises Yorba Regional Park was once part of an expansive cattle ranch belonging to Bernardo Yorba. There are four lakes with connecting streams in this park. This park highlights the importance of the Santa Ana River, which is where Orange County gets over 75% of the its drinking water.

How can you cross the streams without getting wet? Find the answer to this as you explore the trails at Yorba Regional Park.

Hint: Park in parking lot #10.



Clue: Find the path next to the Santa Ana River and the balance beam. The key will be between these.

Locate the starting point for the Yorba Linda 5k Trail. Walk the trail and follow the numbered markers located on the ground to stay on course. While walking the path attempt to complete the 6 exercise stations along the pathway to measure your level of physical fitness. How many pull ups can you do? How many sit ups?

Children need 60 minutes of physical activity every day to be healthy. This includes moderate activity, such as playing basketball, soccer, swimming, or running, and physical activity as part of everyday life, such as doing household chores, walking to and from school, or taking the stairs instead of the elevator.



Yorba Regional Park is considered a resting stop for migratory birds traveling along the Pacific Fly Way. These are common birds that you will find here. Which ones can you see?



Great Egret



Wood Duck



Great Blue Heron